



Travel

with
Oxygen

The Ultimate Guide

Brought to You By:

The Portable Oxygen Store
O2XIMEDICAL
1-888-643-4921

Traveling with Oxygen

It wasn't very long ago that those on oxygen therapy couldn't go very far from home for fear of running out of oxygen. But with the advent of the portable oxygen concentrator the world has opened up for the oxygen user. Each concentrator has a long lasting battery, an A/C power supply that plugs into any standard wall outlet and a D/C power supply that plugs into the D/C outlet or cigarette lighter of any car, RV or boat.



We put together this handbook to help you get prepared for your trip. With a little bit of planning your trip can be fun and stress-free! If you have any further questions you can always give www.OxiMedical.com a call at **1-888-643-4921**.

Planning Your Trip

Things to Speak to Your Doctor About Before Traveling

- Ask if you should adjust your oxygen levels on the airplane to accommodate the pressurized altitude. Pressurized oxygen in an airplane equates to about 8,000 feet.
- If the weather is different where you are going, ask your doctor how to adjust. Extreme temperatures can affect breathing. More humidity in the air means less oxygen, which can make breathing more difficult.
- If you have allergies, ask about taking prescription or over the counter antihistamines in case there are unfamiliar allergens where you are traveling.
- See if you can get extra medications in case there is a mishap when traveling. Never put your medications in checked luggage.

Packing Checklist

- ☐ Oxygen concentrator
- ☐ Batteries - Make sure they're all charged and working properly.
- ☐ Owners manual
- ☐ A/C Power Supply
- ☐ D/C Power Supply
- ☐ Outlet converter if you're traveling overseas
- ☐ Pack your external charger if you have one
- ☐ Extra cannulas and tubing
- ☐ Alcohol wipes for cleaning cannula prongs
- ☐ Prescriptions, extras if possible
- ☐ Insurance card and documentation
- ☐ Paperwork for airline requirements



At the Airport



Give yourself plenty of time so that you don't have to rush. Keep in mind that your emotions affect your breathing and stress and anxiety are likely to cause or contribute to breathlessness.

If you feel that you'll need help getting to your gate, call the airport at least 48 hours ahead of time and ask them to arrange cart transportation.

Bring a water bottle so that you can stay hydrated. Your lungs are roughly 80% water. If you become dehydrated, and your body needs water to cool you down or digest food, it is likely to draw it from a large reservoir like your lungs. This causes your lungs to work harder and could bring on breathing problems.

Going through Security

If you can disconnect from your oxygen for a few minutes the concentrator can be placed in the X Ray machine. It won't affect it at all.

If you can't, let the TSA agent know and you will be taken aside for a wand screening. Consider taking sanitary wipes to wipe down the machine after inspection.

If you have questions for TSA you can visit the frequently asked questions section on their website at this link: www.tsa.gov

You can also give them a call at **1-866-289-9673**

On the Plane

- Battery time generally 150% of battery life to flight time. Extended life batteries over 160 watt hours no longer allowed.

- Be sure to check with each airline you will be flying to see what documentation they require. Some just want to see your prescription, some require information from your doctor. All of our concentrators are FAA approved.

- Cruising altitude of the average passenger jet is 32,000 feet. Pressurized, this translates to around 8,000 feet. This may affect your breathing.

- Be sure to check rules for any connecting airlines as well, in case their requirements are different.



Click these links to find out what the travel requirements are for these airlines.



AIR CANADA

Air Canada



American Airlines

American Airlines



BRITISH AIRWAYS

British Airways



DELTA

Delta



HAWAIIAN AIRLINES

Hawaiian Airlines



Jet Blue Airways



Lufthansa

Lufthansa



Southwest

Southwest Airlines



Spirit Airlines



United Airlines



Virgin Atlantic

Road Trip on Oxygen



The great thing about traveling with a portable oxygen concentrator is that you can literally drive coast to coast without worrying about running out of oxygen. Every concentrator that we offer comes with both an A/C power supply that plugs into any wall outlet and a D/C power supply that plugs into the D/C power supply or cigarette lighter of any car, R/V or boat.

Depending upon the electrical yield of the car outlet, the concentrator may just run on D/C power or it may run and also charge the battery. Do a test run before traveling so you're sure of battery charging capabilities.

Things to Keep in Mind in a Vehicle

- Never plug your concentrator in while the vehicle is not running. It may drain the battery.
- Never leave your concentrator in a vehicle for long periods of time. Extreme temperatures may damage the machine.
- When driving, place the concentrator on the floor so if you stop short it won't fly off the seat and get damaged.
- Make sure your concentrator vents aren't leaning against seat cushions or obstructed by jackets or anything else in the car as this could make your concentrator overheat.
- Never allow anyone to smoke in the car.



Going on a Cruise with Oxygen

Call your cruise line ahead of time and let them know that you are traveling with oxygen. They will likely give you priority boarding and have someone there to assist you.

Be sure to ask what kind of power outlets they have on the ship you are sailing on so you know if you need to get a power adapter.

If you book excursions from the ship, be sure to notify the tour company that you are on oxygen and ask if they have any documentation requirements.

An external charger would be especially helpful on a cruise ship. You could leave a battery charging in your cabin while you're out and about and easily return and switch out batteries before returning to the fun.



Traveling by Train

It's important to contact your travel provider well in advance to let them know that you are traveling with oxygen and find out what their specific requirements are.

Most trains have power outlets but Amtrak requires that you have at least 4 hours worth of battery power in case of service failure. You can read about Amtrak's Requirements Here: [Amtrak Use of Oxygen](#)

You can reach them by phone at **1-800-872-7245**

Bringing Your Oxygen On a Bus



Greyhound allows oxygen concentrators but keep in mind that there is nowhere on the bus to plug it in for charging. You may need to break up your trip into sections to allow for overnight charging.

Depending upon the battery you are using, it may take anywhere from 4 to 8 hours to charge fully.

Notify your bus company that you are traveling with a concentrator and ask what paperwork or other requirements they need.

You can call Greyhound at **1-800-752-4841** with questions.

You may also email them at: ADA.support@greyhound.com.

Precautions to Take At Your Destination

Before you arrive, search out the closest hospitals and doctors that are in your insurance network that you can visit in case of emergency.

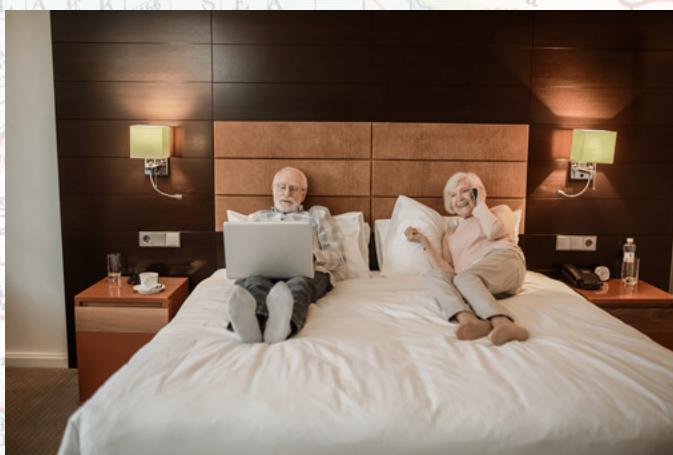
Locate the closest facilities that may have generators in case of a power failure. Hospitals, fire stations, and other emergency destinations are likely to have emergency generators.

If you're staying with a friend or loved one, or at a hotel or Air BnB, be sure to let them know that you have a respiratory condition and strong smell or fumes, even pleasant ones, can trigger an exacerbation.



A Few Things to Speak to Your Hosts About

- Aerosol Air fresheners can be irritating to breathing passages.
- Potpourri, scented candles, essential oil diffusers, or other strong-smelling items should be avoided
- Bleach or other cleaners with strong fumes are hazardous to your lungs.
- Ask hosts to clean when you're not in the room, use natural cleaners if possible and ventilate well when they are finished.
- If you're staying in a private home, ask to have your room sequestered from pets to avoid dander and other allergens.
- Request to stay on a lower floor so that you can evacuate easier in an emergency.



Request hypoallergenic bedding, if available.

Try to avoid any feather filled bedding which can cause allergic reactions.

Bring your own pillow or pillowcase if preferred.

Stay Safe While Seeing the Sights

- On vacation, it can be easy to get off of your schedule. Be sure to make time for your breathing exercises and don't forget to take your medication. Set a timer on your phone if necessary.
- Make sure to check air quality before you venture out. If it's a high pollution or high ragweed or pollen day, take precautions such as covering your nose and mouth when you're outdoors.
- Monitor the weather. Keep in mind that high humidity as well as extreme heat or cold can affect your breathing and escalate coughing or other symptoms.
- Don't run yourself ragged. Plan activities with some downtime where you can sit and rest, drink some water, juice or tea and recharge both your batteries, and your concentrator batteries as well.
- Take a water bottle with you, dehydration is an exacerbation risk. Excessive caffeine and alcohol intake can also cause an exacerbation.
- Keep your food triggers in mind while trying local cuisine. Try not to eat too late so as to disrupt your sleep or cause GERD or indigestion.
- Limit salt intake. Salt can cause fluid retention and worsen breathing.
- Don't be too proud to use a mobility aid if needed. They can often be borrowed from a hotel or rented from local shops.

Most Importantly - Have a Great Time!

With a little bit of planning and preparation, your trip with oxygen can be safe and worry-free!

If you have any questions or concerns about oxygen travel, feel free to contact:

OxiMedical at **1-888-643-4921**.

Our respiratory specialists will be happy to assist in your planning so you can concentrate on making memories knowing that you have everything you need!

We offer phone tech support as well. If you have questions about operating the unit, don't hesitate to call!





Best Travel Companions

Rove Free!
Wherever The Journey Takes You!

Inogen Rove 4

The Inogen Rove 4 is a lightweight, portable oxygen concentrator designed for active lifestyles. With 4 pulse settings, long battery life, quiet operation, and easy-to-use interface, it provides reliable oxygen therapy on the go. It comes with a D/C power supply so you can literally drive coast to coast without worrying about running out of oxygen! It's also FAA approved for air travel, the Rove 4 ensures you stay independent and mobile without compromising your oxygen needs. Stay active, stay free—breathe easier with the Inogen Rove 4.



Pulse Settings	1 - 4
Size	Standard Battery - 5.8" L x 2.7" W 7.5" H Extended Battery - 5.8" L x 2.7" W 8.1" H
Weight	Standard Battery - 2.9 Pounds Extended Battery - 3.4 Pounds
Battery Life	Standard Battery - Up to 3 Hours Extended Battery - Up to 5.45 Hours

Inogen Rove 6

The Inogen Rove 6 is a powerful and lightweight portable oxygen concentrator designed for maximum flexibility. With six pulse settings, an extended battery life, and ultra-quiet operation, it delivers reliable oxygen therapy wherever life takes you. FAA approved for air travel and built for convenience, the Rove 6 keeps you active and independent. The A/C and D/C power supply are included so you'll never have to worry about running out of oxygen again! Experience the freedom to breathe with confidence—anytime, anywhere.



Pulse Settings	1 - 6
Size	Standard Battery - 7.2" L x 3.3" W 8.1" H Extended Battery - 7.2" L x 3.3" W 9" H
Weight	Standard Battery - 4.8 Pounds Extended Battery - 5.8 Pounds
Battery Life	Standard Battery - Up to 6.25 Hours Extended Battery - Up to 12.75 Hours

Feel the Rhythm!
It's the Journey
Not Just the Destination!

Rhythm P2-S4

Experience unparalleled freedom with the Rhythm P2-S4 Portable Oxygen Concentrator. Weighing just 3.3 pounds with the single battery, this compact device offers pulse flow settings from 1 to 4. Its long-lasting extended battery offers uninterrupted usage up to 7.2 hours. Designed for both efficiency and convenience, the P2-S4 operates quietly and includes AC and DC adapters for versatile charging options. Plus, its FAA approval means you can confidently take it on your air travels.



Pulse Settings	1 - 4
Size	Standard Battery - 6.2" L x 3.4" W 6.7" H Extended Battery - 6.2" L x 3.4" W 7.5" H
Weight	Standard Battery - 3.3 Pounds Extended Battery - 4.4 Pounds
Battery Life	Standard Battery - Up to 2.5 Hours Extended Battery - Up to 7.2 Hours

Rhythm P2-E6

Stay active and breathe easy with the Rhythm P2-E6 Portable Oxygen Concentrator. Weighing just 4.37 lbs, this compact and FAA-approved device offers six pulse flow settings, delivering up to 5.4 hours of battery life on a single charge. With both A/C and D/C power supply you can take a road trip or spend the evening reminiscing with old friends without worrying about running out of oxygen. Whether at home, on the road, or in the air, the P2-E6 provides reliable oxygen therapy wherever life takes you.



Pulse Settings	1 - 6
Size	8.7" L x 3.4" W 6.3" H
Weight	4.37 Pounds
Battery Life	Up to 5.4 Hours

Follow Your Heart!
You Have Been Cleared for Takeoff!

Oxlife Liberty 2

The Oxlife Liberty 2 Portable Oxygen Concentrator offers powerful, dual-function oxygen therapy in a lightweight, travel-friendly design. Weighing just 6.6 pounds, it provides both continuous flow up to 2.0 LPM and pulse flow settings 1-10, ensuring reliable oxygen delivery tailored to your needs. With a long-lasting battery life of up to 4.5 hours on pulse setting 2 and FAA approval for air travel, the Liberty 2 keeps you moving freely. The optional wheeled travel cart or backpack make it a top choice for active users who demand performance and convenience.



Flow Settings	Continuous 0.5 - 2 Pulse 1 - 10
Size	9.9" L x 3.8" W 9.9" H
Weight	7.5 Pounds
Battery Life	Continuous Up to 4.4 Hours Pulse Up to 9 hours

Sequal Eclipse 5

The SeQual Eclipse 5 Portable Oxygen Concentrator delivers powerful, reliable oxygen therapy with the flexibility of both continuous flow (0.5–3.0 LPM) and pulse dose settings (1–9). Ideal for home or travel, this concentrator is FAA-approved. Weighing 18.4 pounds with battery, it offers up to 5.1 hours of battery life while on pulse flow or 2 hours on continuous. There is also an option to charge while in use with either an A/C or D/C power supply. Designed for durability and ease of use, the Eclipse 5 ensures freedom and independence for those needing 24/7 oxygen support.



Pulse Settings	Continuous 0.5 - 3 Pulse 1 - 9
Size	12.3" L x 7.1" W 19.3" H
Weight	18 Pounds
Battery Life	Continuous Up to 2 Hours Pulse Up to 5.1 hours



*You are Cleared for Take Off,
Ready to Hit the Road,
Ride the Rails, or Sail the Seas!*

Traveling with Oxygen? **OxiMedical** Has You Covered!

Planning a trip and need oxygen on the go? Call **OxiMedical** at **1-888-643-4921** for expert advice and top-quality portable oxygen concentrators, extra batteries, and travel solutions to keep you breathing easy wherever you go. Our respiratory specialists are ready to help you find the best equipment and ensure you're prepared for a worry-free journey.

Call us today! Let's make your travel safe and stress-free.

Free Standard Battery Rental

Rules for flying with batteries have changed so if you have purchased a concentrator from us we will waive the standard battery rental fee.

**All You Have to Pay is
Shipping and Handling!**

Use Coupon Code: GUIDE

**Free Continuous Flow
Concentrator Rental**

If you purchased a pulse flow concentrator from us but require a continuous flow unit for nighttime use, we will waive the rental fee so you can sleep safely while traveling!

**All You Have to Pay is
Shipping and Handling!**

Use Coupon Code: TRAVEL